



# 2022 ECCO ADESSO 5K & 10K RESULTS

[ABOUT](#)

[SCHEDULE](#)

[SERIES STANDINGS](#)

[RESULTS](#)

[COURSE MAPS](#)

[VOLUNTEER](#)

[FAQS](#)

[Register](#)



[< Previous](#) [Next >](#)

## 2022 Ecco Adesso 5k & 10k Results

### Ecco Adesso 5k & 10k Results

Nov 6, 2022

OVR	BIB	NAME	HOMETOWN	DIVISION	Full Course Net Time	Half Split	PACE	Race	Code	10k Points	Sippin Points	Master Points
1	10539	FABIO CLAVIJO	Fairfax, VA	M 40-49	0:49:19	0:24:16	7:57	1	4	20	20	
2	10541	TIMOTHY SULLIVAN	Nellysford, VA	M 20-29	0:50:50	0:24:17	8:11	1	4	19	19	
3	19	MARCIA BYERLEY	Woodbridge, VA	F 60-69	1:11:28	0:33:13	11:31	1	4	20	20	20
OVR	BIB	NAME	HOMETOWN	DIVISION	Full Course Net Time	Half Split	PACE	Race	Code	BOTP Points	Sippin Points	Master Points
4	10543	ERIN VESPE	Silver Spring, MD	F 50-59	1:30:05	0:42:37	14:30	1	4	20	19	19
5	10540	CHRISTY FALLS	Fairfield, VA	F 40-49	1:34:06	0:47:04	15:09	1	4	19	18	
6	18	KEVIN FOLEY	VIENNA, VA	M 50-59	1:49:55	0:51:36	17:42	1	4	20	18	20

OVR	BIB	NAME	HOMETOWN	DIVISION	Full Course Net Time	PACE	Race	Code	5k Points	Sippin Points	Master Points
1	1176	COLE REED	Swoope, VA	M 1-19	0:24:23	7:52	1	4	20	20	
2	1193	CAITLIN JUST	Virginia Beach, VA	F 1-19	0:28:45	9:16	1	4	20	20	
3	1194	CHRISTINA JUST	Virginia Beach, VA	F 1-19	0:28:45	9:16	1	4	19	19	
4	1184	MYLAN WEATHERLY	Virginia Beach, VA	M 1-19	0:28:58	9:20	1	4	19	19	
5	1187	MATTHEW OREBAUGH	Virginia Beach, VA	M 40-49	0:29:24	9:28	1	4	18	18	



[ABOUT](#)

[SCHEDULE](#)

[SERIES STANDINGS](#)

[RESULTS](#)

[COURSE MAPS](#)

[VOLUNTEER](#)

[FAQS](#)

[Register](#)

[f](#) [@](#)

6	1177	JENNIFER CAMDEN	CINCINNATI, OH	F 40-49	0:29:46	9:35	1	4	18	18	
7	1180	RACHEL LASCH	Great Mills, MD	F 30-39	0:30:28	9:49	1	4	17	17	
8	1182	KENNETH GRZYMALSKI	Great Mills, MD	M 40-49	0:30:29	9:49	1	4	17	17	
9	64	MIKE CANNON	Fairfax Station, VA	M 60-69	0:31:36	10:11	1	4	16	16	20
10	1192	OLGA JUST	Virginia Beach, VA	F 30-39	0:32:52	10:35	1	4	16	16	
11	1170	STEPHEN WILSON	Fairfield, VA	M 60-69	0:33:09	10:41	1	4	15	15	19
12	1199	RACHEL LAMAR	Alexandria, VA	F 30-39	0:33:12	10:42	1	4	15	15	
13	1189	WYATT OREBAUGH	Fairfield, VA	M 1-19	0:33:34	10:49	1	4	14	14	
14	1183	SIENNA WEATHERLY	Virginia Beach, VA	F 1-19	0:33:54	10:55	1	4	14	14	
15	1190	KONNER OREBAUGH	Fairfield, VA	M 1-19	0:34:02	10:58	1	4	13	13	
16	1175	ANDREW PELLETIER	Charlottesville, VA	M 30-39	0:34:16	11:02	1	4	12	12	
17	1174	THOMAS PELLETIER	Henrico, VA	M 30-39	0:34:16	11:02	1	4	11	11	
18	3222	LAURA BASTIN	Columbus, OH	F 30-39	0:34:28	11:06	1	4	13	13	
19	1171	DAVID WELLS	Lexington, VA	M 40-49	0:35:17	11:22	1	4	10	10	
20	10542	TYLER CARTER	Charlottesville, VA	M 30-39	0:37:19	12:01	1	4	9	9	
21	1181	LEAH MILLER	Alexandria, VA	F 30-39	0:39:20	12:40	1	4	12	12	
22	1191	CHRIS JUST	Virginia Beach, VA	M 40-49	0:41:02	13:13	1	4	8	8	
23	1172	DON HULVEY	Rockingham, VA	M 60-69	0:42:29	13:41	1	4	7	7	18
24	1173	BONNIE HULVEY	Rockingham County, VA	F 50-59	0:42:47	13:47	1	4	11	11	20
25	1200	IANA KONSTANTINOVA	Lexington, VA	F 40-49	0:43:51	14:07	1	4	10	10	
OVR	BIB	NAME	HOMETOWN	DIVISION	Full Course Net Time	PACE	Race	Code	BOTP Points	Sippin Points	Master Points
26	3246	IRIS WELSCH	Zion Crossroads, VA	F 60-69	0:47:40	15:21	1	4	20	9	19
27	3245	MONICA SCHAUS	Lexington, VA	F 30-39	0:53:32	17:14	1	4	19	8	
28	1188	SARAH OREBAUGH	Virginia Beach, VA	F 40-49	0:53:36	17:16	1	4	18	7	
29	3218	ANGIE COOPER	Virginia Beach, VA	F 40-49	0:53:39	17:16	1	4	17	6	
30	3213	CHACE COOPER	Virginia Beach, VA	M 40-49	0:53:40	17:17	1	4	20	6	



[ABOUT](#)

[SCHEDULE](#)

[SERIES STANDINGS](#)

[RESULTS](#)

[COURSE MAPS](#)

[VOLUNTEER](#)

[FAQS](#)

[Register](#)



31	1195	MELISSA HEMPHILL	Lexington, VA	F 60-69	0:57:17	18:27	1	4	16	5	18
32	1197	TRACY LLOYD	Virginia, US	M 60-69	0:57:20	18:28	1	4	19	5	17
33	1196	MARY FERGUSON	Raphine, VA	F 60-69	0:57:56	18:39	1	4	15	4	17
34	1198	BESS MAXWELL	Raphine, VA	F 60-69	0:57:58	18:40	1	4	14	3	16
35	1185	CIERRA WEATHERLY	Virginia Beach, VA	F 40-49	0:59:54	19:17	1	4	13	2	
36	1179	SARA WILLIAMS	Swoope, VA	F 40-49	0:59:54	19:17	1	4	12	1	

By Travis Bishop | November 6th, 2022 | Comments Off

Share This Story, Choose Your Platform!



**ABOUT**

[Race Services](#)

[Sponsor Us](#)

[Training plans](#)

[Contact Us](#)

**RACE SCHEDULE**

[Event Listings](#)

[Calendar](#)

**QUICK LINKS**

[Volunteer](#)

[Blog](#)

[FAQ](#)

**INFO**

[Series Standings](#)

[Results](#)

[Course Maps](#)

